



would like to invite you to

OPEN SLOVENIAN MASTERS SHORT COURSE CHAMPIONSHIP 2019

ODPRTO ZIMSKO VETERANSKO PRVENSTVO SLOVENIJE 2019



Mestna občina
Ljubljana



Sunday, March 24th 2019 at 11.00 a.m.

Venue: Ljubljana, Celovška 25 (Tivoli – swimming pool - 25 m)

Measuring: electronic, Timing Ljubljana

Registrations are open online (www.riba-drustvo.si) until Thursday, March 21st (no follow-up entries).

For all additional information and questions please contact us at barbara@riba-drustvo.si, or by telephone +386-31-742782 (Barbara)

Timetable:

Note: timetable is provisional and organizer reserves the right to change the sequence and time of events based on received applications. Competitors are kindly asked to apply in time.

- 9:30 – 10:00 registration, entry fee
- 10: 00 –10:45 warm up
- 10:45 – 11:00 opening ceremony
- **11:00** **COMPETITION, 1st PART**
 - 50 freestyle
 - 200 breaststroke
 - 100 backstroke
 - 400 freestyle / 400 individual medley
 - 100 individual medley
 - 50 backstroke
 - 100 butterfly
 - **800 freestyle ****

30 minutes break and warm-up .

- 2:00 p.m.

COMPETITION, 2nd PART

- relay 4x50 medley M, F, mix 2+2
- 100 freestyle
- 200 backstroke
- 50 breaststroke
- 25 freestyle* (exhibition)
- 200 freestyle
- 50 butterfly
- 100 breaststroke
- 200 individual medley / 200 butterfly
- relay 4x50 freestyle M, F, mix 2+2

Categories:

masters, born in 1994 and older, category A+ (18-24 y.o.)

18 – 24 A+, 25 – 29 A, 30 – 34 B, 35 – 39 C, 40 – 44 D, 45 – 49 E, 50 – 54 F, 55 – 59 G, 60 – 64 H, 65 – 69 I, 70 – 74 J, 75 – 79 K, 80 – 84 L, 85 – 89 M, 90 + N

Competition rules:

The competition is held by rules of Swimming Association of Slovenia (PZS) and FINA. Competitors from Slovenia and abroad can compete in the competition. Clubs members declare with the registration that they belong to a national federation of the FINA and that all registered athletes possess the right to start for the club.

Competitors can compete in 8 individual disciplines and a relay. According to the reported times they will be divided into groups (for each discipline). We will combine male and female category into common start when necessary.

Swimmers are performing per personal responsibility.

We will combine starts for 400 freestyle and 400 individual medley in the first part of the competition and 200 butterfly and 200 IM in the second part of the competition.

**** 800 freestyle registration**, all competitors must specify their time and need to confirm their participation at Timing before 10:30 a.m. (no follow-up entries)!

Entry fee: 25 €, warm snack and a memorial t-shirt are included.

Participation in the Cooper's swimming test is free.

Awards:

The best competitors will get medals (open category) and diplomas (all categories from A+ to N). The best individuals (man and woman) in sum of three results (FINA Masters point) will get a reward.

We will award diplomas immediately after the end of competition, therefore we kindly ask competitors to wait. We will not send diplomas by post.